# Mini-Mental State Examination (MMSE) Checklist

#### 1. Orientation (10 points)

- [] What year is it?
- [] What season are we in right now?
- [] What is today's date?
- [] What day of the week is it?
- [] What month is it?
- [] What state or province are we in?
- [] What country are we in?
- [] What city or town are we in?
- [] What is the name of this place (hospital/clinic/home)?
- [] On which floor of the building are we?

#### 2. Registration (3 points)

Name three unrelated objects clearly and slowly. Ask the patient to repeat them.

- [] Repeats first object correctly
- [] Repeats second object correctly
- [] Repeats third object correctly

Repeat them until all 3 are learned. Count trials and record below: Trials: \_\_\_\_\_

#### 3. Attention and Calculation (5 points)

Ask the patient to subtract 7 from 100, continuing for five steps.

- [] First subtraction correct (100 7)
- [] Second subtraction correct
- [] Third subtraction correct

- [] Fourth subtraction correct
- [] Fifth subtraction correct

Alternative: Ask the patient to spell 'WORLD' backwards.

### 4. Recall (3 points)

Ask the patient to recall the three objects mentioned earlier.

- [] Recalls first object
- [] Recalls second object
- [] Recalls third object

## 5. Language (9 points)

- [] Names pencil
- [] Names watch
- [] Repeats phrase: 'No ifs, ands, or buts'
- [] Takes paper in right hand
- [] Folds paper in half
- [] Puts paper on the floor
- [] Obeys written command: 'Close your eyes'
- [] Writes a sentence (must contain a subject and verb)
- [] Copies a design (e.g., intersecting pentagons)



Total Score: \_\_\_\_\_/30

Interpretation: \_\_\_\_\_